

**Mahatma Fule Arts, Commerce and Sitaramji Chaudhari Science
Mahavidyalaya, Warud**

Department of Hom. Economics

2021-22

**Report of National Webinar
“Health & Nutrition in Post Covid-19 Pandemic Era”
Organized on 20th October**

Department of Botany organized National Webinar “**Health & Nutrition in Post Covid-19 Pandemic Era**” on 20th October 2021 in a virtual manner. Principal, Dr. J. D. Wadate was the Convener of this webinar. Dr. J. D. Wadate Sir was very kind enough to permit the organization of this webinar. Resource person Dr. Ashwini Bajad, Lifestyle Coach, Pune delivered her talk on “**Health & Nutrition in Post Covid-19 Pandemic Era**”. During her talk Dr. Bajad madam simply explained importance of nutritional diet, composition of diet, importance of physical exercise and yoga & meditation. Her lecture was very much helpful for our teacher, staff as well as students also. She also stressed on requirement of sound sleep for minimum eight hour.

Dr. S. V. Satpute, Professor & Head, Botany Department & IQAC Coordinator gave introductory speech and spoke about the necessity of awareness programs on such topic of public interest. Organizing Secretary Dr. Sharayu S. Deshmukh, Assistant Professor in Botany & Naturopathiest conducted the program very well. Dr.M.B.Bobade Assistant Professor in Botany introduced the guest speaker. Dr.Pranjali Deshmukh Assistant Professor in Botany proposed vote of thanks. In this webinar total 163 participants registered & out of these 150 participants joined the webinar online.



Dr. Sharayu S. Deshmukh
Organizing Secretary

Dr. S. V. Satpute
IQAC Coordinator
Mahatma Fule Arts, Commerce and
Sitaramji Chaudhari Science
Mahavidyalaya, Warud, Dist. Amravati

Dr. J. D. Wadate
PRINCIPAL
Mahatma Fule Arts, Com. & Sitaramji
Chaudhari Sci. Mahavidyalaya, Warud

RESOURCE PERSON



Dr. Ashvini Bajad
Lifestyle Coach, PUNE

Registration Free

Registration Link-
Watsapp group link
Google meet link

- <https://forms.gle/8PT3X4nPG4GTFVmt9>
- <https://chat.whatsapp.com/JQ5mowd8YPOBy2BEF6Cdao>
- <https://meet.google.com/ifn-gqjw-iyh>

ORGANIZING COMMITTEE



Dr. Sanjay V. Satpute
(IQAC Co-ordinator)
Professor & Head, Department of Botany



Dr. Sharayu. S. Deshmukh
Organising Secretary



Dr. Mangesh. B. Bobade
Member, Organizing Committee



Dr. Pranjali J. Deshmukh
Member, Organizing Committee

Dear faculty members and students,

We are happy to announce that Department of Botany & IQAC, Mahatma Fule Arts, Commerce & Sitaramji Chaudhari Science Mahavidyalaya, Warud, Dist. Amravati is organizing National Webinar on "Health & Nutrition in Post Covid-19 Pandemic Era" on Tuesday, 20th October, 2021; At 1.00 pm. We hope you will participate in this event to deal with the pandemic staying fit and healthy.

For Details Contact

Dr. M. B. Bobade 7666383193, Dr. P. J. Deshmukh - 9049919909, Dr. S. S. Deshmukh - 9823032285

STAY ALERT, STAY FIT



Shri Shivaji Education Society Amravati's
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Mahavidyalaya, Warud, Dist. Amravati
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Shri. Harshvardhan P. Deshmukh
President, Shri Shivaji Education Society,
Amravati

Principal



Dr. J. D. Wadate

Department of Botany
In Association with
IQAC

Organizes

NATIONAL WEBINAR
ON

"HEALTH & NUTRITION IN POST COVID-19 PANDEMIC ERA"
WEDNESDAY, 20th OCTOBER, 2021; AT 1.00 PM





Shri Shivaji Education Society, Amravati's
**MAHATMA FULE ARTS, COMMERCE &
SITARAMJI CHAUDHARI SCIENCE MAHAVIDYALAYA, WARUD**

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Founder President
Dr. Panjabrao alias
Bhauasaheb Deshmukh
M.A., D.Phil., LL.B., Bacc-1st-Law

No.MFM/ 346/21

Date : 13-10-2021

To,
Dr. Ashwini Bajad
Lifestyle Coach, Pune.

Subject: Invitation as Guest Speaker.

Respected Ma'am,

It's a pleasure to invite you as a Guest Speaker to deliver online talk, for our students, teachers and other stakeholders of our college, on the topic "Health & Nutrition in Post Covid-19 Pandemic Era" on Wednesday, 20th October, 2021; at 1.00 pm.

Kindly convey your consent and oblige us. Due to Covid-19 pandemic, the guest lecture will be conducted via Google meet.


Thanking you.


Dr. J. D. Wadate

PRINCIPAL
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Chaudhari Sci. Mahavidyalaya, Warud

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