

- **Faculty**

Name - Prof.Dr.Mrs.N.A.Bodkhe

Department – Home Economics

Designation – Professor (Home Economics)

Date of birth – 04/07/1966

Date of Joining – 21/09/1992

Qualification – M.A.(Home Economics),Ph.D

**Mahatma Fule Arts, Commerce & Sitaramji Chaudhari  
Science Mahavidyalaya Warud  
Report On**

**Visit to Exhibition**

Nawtejaswini Taluka level exhibition organized in association with Mahila Arthik Vikas Mahamandal Amravati, Loksanchalitsadhana Kenderwarud and Self Help group.

Home Economics Department was visited on 4<sup>th</sup> March 2024. In this exhibition students got information about various government schemes through women Self Help group. Vocational guidance was given to the students through the stalls of Self Help groups from different villages.

In this exhibition there were stalls of selling natural orange syrup, chillies, turmeric, papad, fasting food, various kinds of pickles, cloth bags, dress materials and the students got guidance. The purpose of visiting the exhibition was to develop professional attitude among the students. Melt grain competition, poster competition, Rangoli competition were organized here. Head of the Department of Home Economics Prof. Dr. N.A. Bodkhe was appointed as examiner for this competition and among the contestants prize was distributed as first, second, third.

B.A. part III student Miss Ashlesha Bhople performed song in these exhibition 41 students were present for these visits.

Principal

[Dr.G.N.Chaudhari]

[Dr.N.A.Bodkhe]

**Mahatma Fule Arts, Commerce & Sitaramji Chaudhari  
Science Mahavidyalaya Warud**

**Report On**

**Gopal Kala and Poshansundri Competition**

On the occasion of National Nutrition Week and Krishna Janmashtami, Home Economics Department organized Gopal Kala and PoshansundriP competition on 7th September 2023 and Home Economics study board has been established on the same day.

Gopala Kala means combining all nutritious foods. In our Hindu culture, the event Gopal Kala was celebrated during the era of Puranic i.e. Lord Krishna. Shri Krishna used to gather his friends and perform this kala in these friends, some were rich and some were poor. This competition was organized in the Home Economics Department keeping in mind that the objective behind this was to provide nutritious food to all.

Poshan Sundari competition was also held on the same day. From pulses, cereals, vegetables, etc., the students made and wore various ornaments and elaborated on the nutritional value of food.

In this competition, first place secured by Ms. Kajal Kandrikar, second by Ms. Shreya Mahure, third by Ms. Komalwagadre, fourth by Ms. Nishita Borekar and encouragement award by Ms. Roshni Dhurve.

For this program, we had Head of Department of Commerce Prof. M.R Umekar madam and the program's inaugural and chief speaker Dr. S.V. Satpute Sir, Head of Department of Botany as the guests. Dr. S.V. Satpute Sir inaugurated the Home Economics Study Board and announced the Executive Committee and since 2023 is the International Year of Millets (IYM), He guided the students about the nutrients in Millets and mentioned that Millets should also be included in Gopal Kala. President of this program Prof. M.R. Umekar Madam also provided guidance to students.

Principal

[Dr.G.N.Chaudhari]

[Dr.N.A.Bodkhe]

**Mahatma Fule Arts, Commerce & Sitaramji Chaudhari Science  
Mahavidyalaya Warud  
Report On  
International Women's day**

International Women's Day was celebrated jointly by Department of Home Economics, Women Empowerment Cell and Internal Complaint Committee at Mahatma fule Arts, Commerce and Sitaramji Chaudhari Science Mahavidyalaya, Warud.

The program was presided by the principal of the college Dr. G.N Chaudhari sir. The key speaker on the occasion Prof. Sushma Manekar provided guidance on 'Mahila Sakhimikaran - Kala chi Garaj'. Empowerment is the process of providing equal status to men in all economic, social, educational and political sectors through laws and welfare programs, providing opportunities for development, eradicating inequality between men and women

Rural women still cannot make decisions by themselves. They depend on the decisions of men. It is necessary to increase their decision-making capacity. The constitution has given many rights to women, this information should reach to them and they should be enlightened. Further, she asserted that women empowerment leads to economic, educational, political empowerment. Prof. Dr. N.A Bodkhe, Prof. M. R. Umekar, Dr. P. U. Belsare, Ku. Amrapali Patil were present on the stage.

Prof. Dr. N. A. Bodkhe presented the background of why the International Women's Day is celebrated in her introduction to the students and introduced the guests.

The President of the program Hon'ble Principal Dr. G. N. Chaudhari delivered the presidential speech and wished the students present on International Women's Day. Program was moderated by Ku. Bhagyashree Saad and vote of thanks was done by Ku. Amrapali Patil.

Principal

[Dr.G.N.Chaudhari]

[Dr.N.A.Bodkhe]

**Mahatma Fule Arts, Commerce & Sitaramji Chaudhari  
Science Mahavidyalaya, Warud**

Department Of Home Economics

**Report of Association**

The Home Economics Department has established Home Economics Study committee on dated 07/09/2023. Head of the Botany Department and IQAC coordinator Dr. S.V Satpute sir inaugurated the Home Economics Study Board and announced the Executive Committee and since 2023 is the International Year of Millets (IYM), He guided the students about the nutrients in Millets. He disclosed executives of Home Economics Association.

In the study Association, the student of B.A part III Ku. Shreya Mahure has been elected as President unanimously. Further, Ku. Samiksha Gedam has been elected as Vice President, Ku. Ashlesha Bhople as Secretary, Ku. Kajal Kandrikar as Joint Secretary, and Ku. Kalpana Salameas Treasurer, Ku. Kumkum Amzire, Ku. Jaya Wahane and Ku. Deepa Ajmire as member. All the students of Home Economics department were present for this program.

[Dr. N. A. Bodkhe]

**Mahatma Fule Arts, Commerce & Sitaramji Chaudhari  
Science Mahavidyalaya, Warud**

Department Of Home Economics

**Report**

Breastfeeding Day

Home Economics department celebrated Breastfeeding day on 1st of August, 2023. Chief speaker renowned Dr. Samata Chaudhari guided the benefits and importance of breastfeeding to the students. Breastfeeding is considered to be a natural and a secured food. It helps to build immunity in an infant and protect it from other diseases. Mother's milk contains enough nutritious constituents. Therefore to keep it nutritious for a longer time, she needs to take a nutritious diet. Further, Dr. Samata Chaudhari also stated that breastfeeding helps to prevent the breast cancer.

From medical point of view, breastfeeding is considered as the best meal. Nature has created milk for the humans and while taking and serving it, infant and mother both feel satisfactory.

This program has been successful with all the efforts and dedication by Head of the Home Economics department senior college, Dr. Mrs. N.A. Bodkhe, Home science department head Ku. V.S. Kharode, and Pawar Madam. 93 Students attended this program.